

Contents

Review

- 215 Life-course nutrition strategies for Korean middle-aged adults across biological transitions, nutritional burdens, and a community-linked precision nutrition model: a narrative review
Yoo Kyoung Park

Research Articles

- 229 Current status of sodium provision and reduction management in South Korean school meals: a descriptive study
Sooyoun Kwon, Youngmi Lee, Meeyoung Kim
- 244 Changing patterns and related factors of *kimchi* consumption among Korean adults: a nationwide cross-sectional analysis of the Korea National Health and Nutrition Examination Survey, 2010–2024
Hui-Yang Zhao, Hyunji Ham, Sumin Kim, Chang Hyeon Lee, Kyungho Ha, Sangah Shin
- 264 Effect of a community-based nutrition intervention incorporating social cognitive theory constructs and transtheoretical model-based counseling among community-dwelling elderly in Korea: a quasi-experimental study
Hyewon Shin, Seungmin Lee
- 276 Awareness, importance and performance of sustainable diets among university students in Daegu and Gyeongbuk, Korea: a cross-sectional study
Yun-Gyeong Cho, Eun-Kyung Shin, Yeon-Kyung Lee

Research Note

- 287 Sugar intake from processed foods among Koreans and levy on excessive sugar use: a cross-sectional study
Sung Ok Kwon, Cho-il Kim

목차

종설

- 215 Life-course nutrition strategies for Korean middle-aged adults across biological transitions, nutritional burdens, and a community-linked precision nutrition model: a narrative review
Yoo Kyoung Park

연구논문

- 229 Current status of sodium provision and reduction management in South Korean school meals: a descriptive study
Sooyoun Kwon, Youngmi Lee, Meeyoung Kim
- 244 Changing patterns and related factors of kimchi consumption among Korean adults: a nationwide cross-sectional analysis of the Korea National Health and Nutrition Examination Survey, 2010–2024
Hui-Yang Zhao, Hyunji Ham, Sumin Kim, Chang Hyeon Lee, Kyungho Ha, Sangah Shin
- 264 지역사회 거주 노인 대상 사회인지이론의 구성요소와 범이론적 모델 기반 상담을 반영한 지역사회 영양중재의 효과: 비동등성 대조군 전후 설계 연구
신혜원, 이승민
- 276 대구·경북지역 대학생들의 지속가능한 식생활에 대한 인지도와 중요도 및 수행도
조윤경, 신은경, 이연경

연구단보

- 287 우리 국민의 당류 섭취 양상과 설탕 과다 사용 부담금
권성욱, 김초일